



gkfn ; /sf/
Iz Iff dGqfno

k/LIff IgoGqOf sfofho

; fgj&dl, eStk7

@)&@ ; fnsf]P; Pn; L k/s -u\$ a[4_ k/LIff; DaGwl ; Fgf

- @)&@ ; fnsf] ; fwf/Ofwf/tkm(Igoldt tyf PSh]6\$; dXaf6 k/LIffdf ; IDdInt e0{ ; f]Gtstkm(al9df @ -b0{ Ij ifo; Dd D / E u\$ k]kt u/\$f k/LIffyl{ ; sf nflu dflwlds IzIff pQLOf{ k/LIff ; ldltsf] @)&#. #. @ sf] a]ssf] IgoGqOf; f/ k/s -u\$ a[4_ k/LIff @)&# ; fn ; fpg !\$ ut] zqmaf/af6 ; ~rfng xg] ePsf]h] pQm k/LIffdf ; IDdInt xg]sf nflu @)&@ ; fnsf]P; Pn; L dh k/LIffsf] Igoldt tyf PSh]6\$; dXaf6} pknAw u/fOPsf]k] zkqs] cfwf/df IgDg klqmf k/f u/L ; DalGwt Ij bdfnodf km(\hNnf IzIff sfofhodf @)&# ; fn ; fpg (ut]eq tfl]sPsf] 9fFdf km]f] ; d] 6fFl cfj hg÷lgj hg lbgxg ; DalGwt ; a\$] hfgsf/l]sf] nflu of] ; Fgf k\$flzt ul/Psf] 5 . lhNnf IzIff sfofho{x;n]o; } ; Fgfnf0{ cfwf/dfgl cfj Zos Joj :yf ldnfpg' xg ; d] cg/f] 5 . != cfj hg b:t/ k]kt k/LIffyl{(? %)). - -kfr ; o_ sf b/n]/fh:j vftf ; s] gDa/ !\$@&# df bflvnf ug[kg\$. Ij nDa b:t/ It/L cfj hg lbg]Joj :yf ul/Psf] 5\$. @= lgj hgsf] 9fFf k/LIff IgoGqOf sfofhosf] website: www.soce.gov.np af6 ; DalGwt k/LIffyl{h] 8fpgnf\$ u/L k]kt ug{ ; Sg\$g\ #= cfj hg kmf/fd; fy IgDg sfuhftx ; mUg ug{kg] 5 M -s_ P; Pn; L k/LIff @)&@ sf] u\$ I; 6÷u\$ nh/sf] k]ktInk, -v_ P; Pn; L k/LIff @)&@ df ; fdh xBsf]k] zkqs] k]k]f]0ft k]ktInk, -u_ tfl]sPsf] b:t/ aemPsf] a]S ef] / jf ; DalGwt lhNnf IzIff sfofhodf /fh:j aemPsf] gubl /l; b . \$= **kj zkqs]Joj :yf** M P; Pn; L k/LIff @)&@ sf]kj zkq g}k/s k/LIffsf] nflu kj zkq sfod ul/Psf] xBf ; f]l kj zkqdf pNn]vt I; Dafh gDa/af6 k/LIff lbgkg\$. %= kj zkq x/fPdf ; DalGwt Ij bdfnosf k]wfg]w]b]fksn] k/LIffyl{?sf] km]f] k]k]f]0ft u/L lhNnf IzIff sfofhodf I; km]l/; ug] / lh-z-sf= n] ?= %). sf] /fh:j zNs In0{k/s -u\$ a[4_ k/LIffdf ; fdh xg]k]k]hgsf nflu k]ktInk kj zkq pknAw u/fpg]Joj :yf lh]zsf]ug] 5 . ^= lhNnf IzIff sfofhonx?n]k/s -u\$ a[4_ k/LIffdf ; fdh xg cfj hg kmf/fd eg]k/LIffyl{?sf] Ij j /of Ij Bfnout ?kdf Ij ifo ; d] vNg]u/L k/s -u\$ a[4_ k/LIff ; fng xg' eGbf klxn] k-lg-sf-df cf0klg]u/L k7fpg' kg\$.

**@)&# ; fnsf]k/s -u\$ a[4_ P;Pn;L k/Lifsf]sfo{flnsf
k/Liff ; ~rfng ; do Mlxfg *=>) ah]blv !!=>) ah]Dd**

s†, +	ldt	ljifo
!	@)&# ; fn >fj Of !\$ ut]zqmaf/	clgj fo{cu}hl j }lj Bf>dtkm(M clgj fo{; :s[efiff / ; flxTo÷clgj fo{cu}hl
@	@)&# ; fn >fj Of !% ut]zlgaf/	clgj fo{gk}fnl u}gk}fnl lj Bfyl{x?sf nflu cu}hl (Elective English)
#	@)&# ; fn >fj Of !^ ut]cf0taf/	clgj fo{ul0ft
\$	@)&# ; fn >fj Of !& ut]; f}laf/	clgj fo{lj 1fg j }lj Bf>dtkm(M clgj fo{; :s[Jofs/Of tyf cgj fb
%	@)&# ; fn >fj Of !* ut]dunaf/	clgj fo{; fdflhs cllbog
^	@)&# ; fn >fj Of !(ut]awaf/	clgj fo{; j f:Yo,hg; Wof tyf j ftj /Of lzlff j }lj Bf>dtkm(M clgj fo{sd\$08, clgj fo{kmlnt Hoff]tif ; :s[tkm(M clgj fo{; :s[efiff
&	@)&# ; fn >fj Of @) ut]ljlxaf/	PR5s kydkqsf ; a}lj ifox?
*	@)&# ; fn >fj Of @! ut]zqmaf/	PR5s l4tlkqsf ; a}lj ifox?

- sg}cfsl:ds ljbf kg{uPdf klg k/Liff lgoGqOf sfo{nosf]k} {; Fgflj gf k/Liff :ylut xg}g .
- k/Liff xndf kj } ug{kj }kq clgj fo{xgkg} .
- k/Liff s}bx; lhNnf ; b/dsfddf dfq /xg}g\
- tfl]sPsf] s}b|/ tflnsfcg; f/ k/Liffdf ; fdh g}g] k/Liffyl; nfo{k/Lifsf] csf] Joj :yf ul/g]5g .
- lgoldt tyf PSh}6\$; dxsf]k/Lifsf]kj }kq / ; f}f plNnlvt l; Dafih gDa/af6 g}k/Liff lbgkg} . sf\$ gDa/df k/Liff lbPdf ; f]k/Liff /ba ul/g} .
gf}M k's -u\$ a[4_ k/Liffdf ; lDdnt xg]k/Liffyl{x?sf]lj Bfnout ljj /Of k=g=sf=df oyfl; 3/ k7fpg] / k/Liffyl; n] aemPsf] cfj }g=lgj }g ^ dlxgf ; Dd ; DalGwt lhlzsfng} ; 'liff /fVg' xg .

**P;Pn;L k/Liff @)&# sf]k/Liffkm pk/ lrQ gaem]kgof} u/fpg rfxg}kgof}sf
nflu lgj }g lbg]; DaGwl ; Fgf**

P; Pn; L k/Liff @)&# sf]glthf k\$zfg x}f pQm glthfdf k}kt u/\$f]lj ifout u\$ pk/ lrTt gaem] kgof} u/fpg rfxg]k/Liffyl{x?n]ldt @)&# ; fn c; f/ !& ut] Dd ; DalGwt lhNnf lzlff sfo{no j f l}lo lzlff lgb}z}gno j f ; f}m}k/Liff lgoGqOf sfo{nodf k}kt ljifo ?= %).- sf b/n]/fh:j zlls aem0{lgj }g lbg' xg ; DalGwt ; j \$f nflu of]; Fgf k\$flzt ul/Psf]5 . kgof}sf nflu ; DalGwt k/Liffyl}k/Liffdf ; lDdnt x}sf]kj } kqsf]k}tlnkl / j } ; f06af6 8fpgnf\$ u/\$f]u\$ l; 6sf]k}t ; mlg /fvl kgof} u/fpg rfx\$]lj ifo / k}kt ePsf]u\$ vhf0{ lgj }g lbg' kg} . tfl]sPsf] DofbeGb k5fl8 lgj }g u/df ; f]pk/ sg}sf/jxl g}g]Joxf}f ; d] o; }; Fgfaf6 hfgsf/L u/f0}5 .